



Presenting a Symposium with Anne Gribbons The Use of Exercises and Movements in the Progression of Training

April 28-29, 2018

Redlands Community College, Royse Ranch Redland Arena
9304 US-81, El Reno, OK 73036
Contact Kay Kamish at 918-808-6128

The Symposium format will be designed to show how the exercises and movements required in dressage tests are designed for the progressive gymnastic development of the horse. We will begin with young horses in their first or second year of training, and show how the basic exercises aid in the development of strength and balance. As the horses continue in their training, the beginning exercises take on new significance, and more complex exercises are gradually introduced. At each stage of training, Anne will explain the purpose of each exercise and how it is designed to enhance the development of the ideals of dressage, culminating in work with Advanced horses.



About Anne:

Anne served as the USEF Technical Advisor for Dressage from 2010 through 2012. She guided the US Team riders through the World Equestrian Games, Pan American Games, and the 2012 London Olympics. She has trained and shown 16 of her own horses from start of their training to competing at Grand Prix. In the recent Region 3 Championships in Wellington, FL, she qualified for the National competition in Kentucky on her own horse at Intermediare 2, as well of 6 of her students at 1st, 2nd, 3rd, 4th, PSG, and Grand Prix.

In 2013, Anne was inducted into the USDF Hall of Fame

For further information please see:
Dressageoklahoma.org
[Facebook.com/dressageoklahoma](https://www.facebook.com/dressageoklahoma)